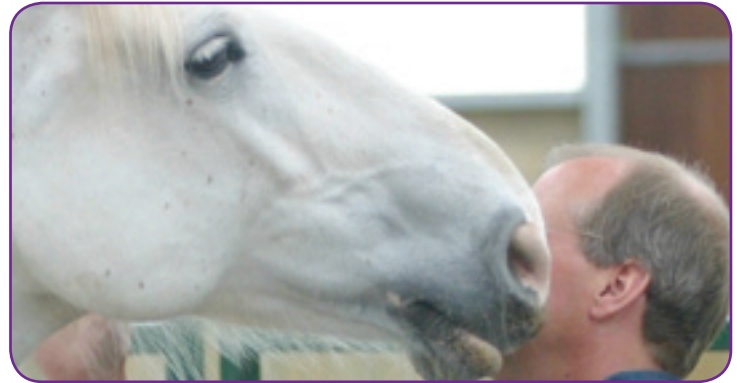


## Coach and Horses

*Three-day foundation course in equine-assisted learning and development - for trainers, coaches and facilitators*



### TRAINER / FACILITATOR TRAINING

This three-day foundation programme equips delegates with understanding, knowledge and practical skills for the delivery of equine-facilitated coaching and equine-assisted learning programmes.

The course is highly experiential – blending classroom learning and ‘hands-on’ sessions with the LeadChange horses.

#### ABOUT THE COURSE LEADER

Andrew McFarlane is founder-director of LeadChange, specialising in the creation and delivery of experiential learning programmes with horses since 2002.

Over the years, Andrew has facilitated thousands of participants on hundreds of LeadChange workshops. Under his direction, LeadChange has become a recognised leader in equine-facilitated development in the UK and beyond.

Andrew has an MBA, is an NLP Master Practitioner and is committed to continuing personal and professional development. His horses – Nabucco (Lusitano) and Spirit (Arab-Andalusian) constantly hold him to that commitment!

### LEADCHANGE

LeadChange has delivered equine-facilitated coaching, leadership, communication and team building programmes since 2002. LeadChange ‘Courses with Horses’ facilitate horse-human interactions in powerful and memorable learning experiences which clients frequently describe as “life-changing”.

*“Excellent - thank you. Well paced and good balance of practice, reflection and process. I also greatly appreciated the safe and humane facilitation and support”*

*“Great process - embodies whole person coaching and facilitation - perfect experiential learning for transformation. Superb coaching by coaches allowed for the magnificence of horse and human to be present”*

## Course Outline

### DAY ONE

- Equine-assisted learning / equine-facilitated development
- Experiential learning – the neuroscience of change
- Mental maps – focus, expectation and attention
- Horse sense

### DAY TWO

- The HORSE<sup>®</sup> coaching model
- Neurological levels of learning and change
- Creating and holding safe space for coaching / facilitation
- Clean observation and non-judgmental awareness
- Developing credibility and presence
- Working with metaphor

### DAY THREE

- Managing the horse-human interaction – practical issues
- Creating and selecting appropriate learning exercises
- 1:1 equine-facilitated coaching interactions
- Working with groups / teams
- Energy awareness / energy management



<b>Venue:</b>	Checkendon Equestrian Centre, Checkendon near Henley on Thames
<b>Dates:</b>	23-25 November 2011
<b>Delegate numbers:</b>	Delegate numbers are limited to ensure that everyone gets full value from the practical sessions with the horses.
<b>Cost:</b>	£975 + VAT (30% deposit on booking; balance paid before start of course) £850 + VAT for full payment with booking prior to 9th February
<b>Information:</b>	Bookings: <a href="mailto:info@leadchange.com">info@leadchange.com</a> Course information: <a href="mailto:andrew@leadchange.com">andrew@leadchange.com</a>